



FINAL INSTRUCTIONS

July 14, 2024

Dear Dirty Jersey Participant,

Thank you for participating in the Dirty Jersey Ride. This document includes information and details to help make your ride this weekend safe and enjoyable. Please read it carefully.

PRIOR TO THE RIDE:

GET SOCIAL. Please post your thoughts, photos, videos, etc. about the event on Facebook, Twitter & Instagram. Please tag us, and where appropriate use the following hashtags:

#DirtyJerseyRide

#KermesseSport

DRESS APROPRIATELY. Be prepared for everything, especially heat, but also for potential rain and thunderstorms, which are not uncommon during heat waves.

FILL YOUR BOTTLES. Fill your bottles at home, and save time by being prepared to ride. We will not have supplies at the start. There aren't official aid stations on the course, so please have sufficient food and liquids with you to make it to the stores on course. We recommend participants use multiple bottles, Camelbacks (or similar), particularly on the Full Course

PARKING. Free parking is available at: [V5 Cycles](#) 140 NJ-31, Flemington, NJ 08822

Park in the spaces located between V5 and PetSmart, but not in any spaces near the restaurants, or immediately next to PetSmart

PACKET PICK-UP. Each registrant must check-in in-person on Sunday morning. If you electronically signed a waiver during registration on BikeReg, you don't need to sign a physical waiver.

Sunday July, 9 2023 behind: [V5 Cycles](#) 140 NJ-31, Flemington, NJ 08822

Full Course: 7:00AM – 7:30AM

Short(er) Course: 7:30AM – 8:00AM

RESTROOMS.

Start & Finish: There are 2 restrooms within V5 Cycles.

MERCHANDISE. If you pre-ordered something, or have saved unclaimed merchandise from any of our events since 2020, we have it packaged and ready for you. You can pick it up either pre-or post-ride.

We will have a limited number of items for sale On-Site, preferred payment is by cash, but we can accept checks, PayPal/Venmo/Zelle and credit cards.

RIDING THE EVENT:

REMINDER. This is a RIDE and NOT A RACE. The roads are completely open to traffic. The conditions are very challenging, so don't push things. Ride in a manner that is safe for yourself, obeys traffic rules, and is courteous to your fellow riders and other road users.

START LOCATION. Parking Lot behind [V5 Cycles](#) 140 NJ-31, Flemington, NJ 08822

COURSES. We have 2 Official Course and a Bail Out option for the Full Course. See below for links to the maps. According to Ride with GPS: The Full Course is 110.9 miles with 7200' of climbing and the Short(er) Course is 86.0 miles with 4700' of climbing.

The Courses split at Mile 37.4 this year, which is where the routes turn onto NJ24. The Long Course turns right, while the Short(er) Course turns left. This is after both the Columbia Trail and after the Quick Foods Store in Chester. The courses merge at Mile 64.7 of the Full Course/Mile 39.7 of the Short(er) Course, where State Park Rd becomes Hacklebarney Rd, near the Hacklebarney Cider Mill (unfortunately it is closed on ride day this year).

After the course split, the Full Course becomes a very hilly ride. The Full Course goes past the Oldwick General Store twice. So, if you are not having the legs you planned on, when you reach Oldwick for the first time (mile 53.8) you can take a short cut from there back to the finish, creating a "Bail Out" course that still is a healthy 84 miles long. We recognize this is less than ideal, but it is an option that allows you to ride in to the finish rather than get rescued. See Below for more details

There are also other opportunities to take other/additional short cuts; please see the Short Cut section later in this document.

"AT-WILL" START TIME. There is no massed start. Riders may start any time after they pick up their packages:

Full Course: 7:00AM – 7:30AM

Short(er) Course: 7:30AM – 8:00AM*

* You can start earlier than these times, but we can't guarantee that post ride food will be available earlier than 1:00PM

WRISTBAND. Wristbands allow access to post ride food/drink.

AID STATIONS. There aren't any. Since it will be hot, we recommend participants use multiple waterbottles and Camelbacks (or similar), particularly on the Full Course

STORES ON COURSE. There are stores indicated on the official cue sheets and in the GPS Files. Please note that due to the early ride start, some of the stores & restaurants may not be open when you reach their locations. Also, being a Sunday, some of the places close in the afternoon.

Stuff your pockets and don't pass up opportunities to resupply! Specific store hours (if known) are noted on the Cue Sheets. We recommend using multiple bottles, a Camelback or similar, especially for riders on the Full Course.

MECHANICAL SUPPORT. It is limited. Please make sure your bike is in working order, that you have your own spares and tools. The Broom Wagon Driver or Sweep Riders may be available to assist, but they are not professional mechanics. The Broom Wagon will have a pump, and a limited number of spare 700c tubes.

BROOM WAGON. If you are unable to finish the event for some physical or mechanical reason, call the event hotline at 267-894-0840, who will contact the broom wagon. You will be picked up as soon as feasible. Please keep in mind that this is a broom wagon and not a door-to-door taxi service. Assistance will come as soon as possible.

ROUTE MARKING. There are none; you must use the official GPS Files and Official Cue Sheets!

CUE SHEETS. Official Cue Sheets are posted to the [Dirty Jersey Download Page](#). Use the official cue sheets.

GPS FILES & FREE GPS NAVIGATION. Please ensure you are using the latest files. TCX & FIT files with turn warnings are posted to the [Dirty Jersey Download Page](#). GPX & KML Files may be obtained from Ride With GPS (see Links below).

Route	Ride With GPS File	Miles	Climbing	% Unpaved
Short(er) Course	https://ridewithgps.com/routes/47470593	86	4700'	45%
Full Course	https://ridewithgps.com/routes/47467409	111	7200'	39%
Full Course Bail Out	https://ridewithgps.com/routes/47496922	84	5000'	34%
Trump Golf Course Detour *	https://ridewithgps.com/routes/36681702	3.5	100'	0%

* See Below for Details

With our enhanced Ride With GPS Membership, you can use their Phone App for **FREE** during the event. Download the Ride With GPS App to your Smart Phone (iPhone or Android) from: <https://ridewithgps.com/app> It is also available directly from the [App Store](#) & [Google Play](#)

Your invitation for the event map/navigation is https://ridewithgps.com/auto_approve/Event/318928/WH0Q0RgWYXqXmDdJD2JDPYrjZmhG6pw2

Please see the tutorial vide on how to use Ride With GPS App here: <https://ridewithgps.com/help/event-participants/>

COURSE OVERLAP. We changed the final few miles of the routes in 2022 to reduce the exposure to a new traffic pattern; these changes remain in place. Unfortunately, in order to not eliminate the final unpaved section, this means that there is some course overlap (a loop), where you will be going out and a few miles later, back on Barley Sheaf Rd. Loops can sometimes confuse GPS head units, though the Ride With GPS App has performed perfectly for us. If you are looking to cut some miles, you can avoid this loop all together by staying straight on CR523, eliminating ca 7.5 miles.

FULL COURSE BAILOUT. We performed a major re-design of the Full Course this year. In order to have adequate stops for Food/Water, the course goes past the Oldwick General Store twice. Thus, there is a Bailout Option at ca mile 54, which would yield a total distance of ca 84 miles with 5000' of climbing (according to RideWithGPS).

The Bailout course has ca 29 miles of gravel/dirt roads, paths and trails (ca 34% of the course). It makes a fine course in and of itself, and is a viable alternative to the Short(er) Course. It has less gravel, but more climbing than the Short(er) Course; this course skips all of the gravel roads in the Pottersville & Bedminster areas.

All Riders are welcome to switch to this course while out on route. But Short(er) Course Riders will need to follow the Long Course from the Course Split at Mile 37.5 through the Oldwick General Store at Mile 53.8.

SHORT CUTS. While there are only 2 official courses, as well as the bail out option for the long course, there are several ways of cutting some mileage off of each course, particularly in the closing 22 miles of both the long and the short(er) courses.

Starting in the town of Whitehouse Station (where the courses cross US22), the route zig zags on and across County Route 523 a few times. At any point, if you stay on, or turn south or west on CR523 (also called Main St and Flemington Whitehouse Rd) towards Flemington, it will take you to the finish. V5 Cycles in Raritan Town Center is off CR523 (at that point also called both Junction Rd & Walter Foran Bl).

A great way to cut ca 7.5 miles is to stay on CR523 instead of turning left onto Barley Sheaf Rd, and avoid riding that loop all together (mentioned above).

Please see the course maps to see options that might work best for you.

COMMUNICATIONS. At times you are going to be off the beaten path; cell service can be spotty or completely non-existent in places. This is why you need to download the GPS files for off-line use (in other words useable via satellite signal and not relying on cell service for map loading).

This also means that we request your assistance to relay information between the riders and the volunteers, in case someone needs assistance. We are all in this adventure together and appreciate your assistance.

TRAIL ETIQUETTE. The course utilizes several multi-user trails. Please ride courteously and **SHARE** the trails with the other users; these are not the sections to be hammering away. Expect wayward dogs & kids, runners/walkers with headphones and/or on their phones, people walking or riding 2 abreast, etc. As irritating as these situations can be, please be the bigger person, be polite, and act as an ambassador of the sport. Announce your presence, say passing on the left/or right, as the case may be. Say hello, thank you, etc. Please slow down, be safe, and take the time to enjoy the sights.

TRAIL WARNINGS. The Capoolong Trail suffered significant damage from storms over the past few years, and has not been completely repaired. We removed the initial section of it due to the damage.

However, in other sections, there are trail washouts, collapses, drop-offs, exposed roots/rocks, dead/leaning trees, and long sections of narrow single track. Keep right as best you can, be careful, and be on the lookout for trail defects and other hazards.

The final section has barricades that say "road closed" or "road closed flooding", but the trail has been under active use. We were told the barricades have been there for a long time, and are there to keep motor vehicles off of the trail.

TRUMP NATIONAL GOLF CLUB. Starting at Mile 76.7 of the Full Course and Mile 51.7 of the Short(er) Course, you will enter and pass through the Trump National Golf Club on Cowperthwaite Rd (a lovely gravel road). There are signs stating the property is private (which it is), but the road itself is public. The Bedminster Police and Secret Service actively monitor the property. They sometimes need to temporarily halt traffic for a few minutes, but they normally don't close the road. If for some reason the road does close, we have developed this detour: <https://ridewithgps.com/routes/36681702>

In the unlikely scenario that the road gets closed, you may have to backtrack on Cowperthwaite Rd/River Rd to turn South on Cowperthwaite Rd, crossing under I-78, turn right on River Rd, turn right

on Rattlesnake Bridge Rd, cross over I-78, and turn left on Lamington Rd/CR-523 where you rejoin the original courses.

METAL GRATE BRIDGES.

- On Both Courses at Mile 14.6 in Clinton NJ, there is a Metal Grate Bridge
- On Both Courses (at Full Mile 68.2 and Short(er) Mile 43.2) there is a Metal Grate Bridge immediately after you turn onto Black River Rd/Fairmount Rd/CR512 from Hacklebarney Rd.

Exercise caution, as these can be slippery, even when dry, but especially when wet. There are walkways off to the side of each of these bridges if you chose not to ride across them.

KEY COURSE POINTS: Please see the official cue sheets for additional course notes.

RULES OF THE ROAD. Please remember that you are on open roads during the entire ride. All cyclists must obey all traffic laws; this includes – but is not limited to – traffic lights and stop signs. Violators may be ticketed by local law enforcement. All riders are personally responsible for knowing New Jersey's traffic laws and bicycle laws. [NJDOT guidelines](#) suggest cyclists ride single file.

IN CASE OF EMERGENCY. If you have-or witness—a serious crash or medical emergency, immediately call 911, and then call the ride hotline at 267-894-0840. Secure the area to the best of your ability, but do not put yourself or others in danger while you wait for emergency personnel.

FINISH LINE CLOSURE/EVENT END TIME: The course officially closes at 7:00 PM, which equates to an overall average pace of 10.0 MPH (including stops) for the Full Course. All course services cease at this time. All riders remaining on course after 7:00 will be without support, and no one is guaranteed to be at the finish waiting for you. Please send us a text if you are running late. 267-894-0840

POST RIDE:

SIGN-IN. When you finish your ride, please sign-in; this is one way we try to keep track of who is still out on course.

POST-RIDE FESTIVITIES. After your ride, please be our guest for food and drink sponsored by [V5 Cycles](#). Post Ride Food & Drink will be available from 1:00PM – 7:30PM. **The post ride is a tailgate, and will be held outside V5 (weather permitting); please bring your own chairs, blankets, beach towels, tents, etc.**

THE BOTTOM LINE. Be Safe & Have Fun. This is what this event is all about.

We appreciate your participation in Dirty Jersey; we hope you have a great ride!

P. S. Save the Dates for our other events...

Thursday October 3rd – Sunday October 6th: [Tour de Pines](#)

Sunday October 27th: <https://oktoberfestride.com/> (Save the Date, we are working on securing a new venue)

Saturday November 2nd: <https://www.guyfawkesride.com/>

Registration will open soon for these rides.